

**J & M Export Deli**  
**5827 Washington Ave.**  
**Export, PA 15632**  
**724-733-3680**



***Hours:***

***Monday 7am-5pm***

***Tuesday-Friday 7am-7pm***

***Saturday 8am-3pm***

We deliver to all local businesses only. \$15 minimum on all orders Monday thru Friday until 2pm. Call before 12 noon for fast deliveries. We often sell out of specials and get backed up with orders during lunch hours

Breakfast Served 7am-10:30am Monday-Friday Saturday 8am-10:30am

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See our new web site at [www.JandMExport deli.com](http://www.JandMExportdeli.com)

Voted #1 Deli in the quest for the best in Murrysville, Delmont Area

## Breakfast Items

**Breakfast Platter**- Choice of 2 Eggs (your way), **or** 2 Pancakes **or** French toast, bacon, sausage **or** Ham and toast \$6.25

**Breakfast Sandwich**- Bacon, Sausage, **or** Ham, Egg and American Cheese on your choice of Bagel, English Muffin or Toast- \$ 5.00

**Omelet with choice of 2 ingredients**-\$7.00 (extra toppings \$1.00)

### Additional side or extra items:

**Toast**- \$ 2.00

**Muffin** -\$ 1.50

**Bagel**- \$2.00 add cream cheese\$1.00

**Hash Brown**-\$2.50

**Extra Egg**-\$1.00

**Extra Meat**- \$1.00 per Slice of Bacon

**Extra Pancake/French toast** -\$3.00

**Coffee, Cappuccino, Hot Tea** \$2.00

\$2.00 per piece of

**Home Fries**- \$2.00 add peppers and onions 1.00

Ham or Sausage

### •Homemade chili and Soups of the Day:

**8oz: \$3.50**

**12oz: \$4.50**

**16oz: \$5.50**

### Appetizers

#### (One dipping sauce included for everything but fries)

- French Fries** - \$4.00 add cheese \$5.00
- Cheese Sticks** (5) - \$4.75
- Onion Rings** - \$4.75
- Zucchini Fries**-\$ 4.75
- Hot Pepper Cheese balls**-\$4.75
- Tater Tots** - \$ 2.50
- Homemade chips**-\$2.50

### Daily Lunch Items

- Meatball Hoagie with cheese** – 6”\$6.00- 12”\$ 9.50
- Hot Sausage Hoagie with cheese** -6” \$6.00 12” \$9.50
- Reuben** - \$7.50
- Club** - \$8.50
- Chicken (Grilled or Breaded) Hoagie**-6”\$7.00- 12” \$10.00
- Add Peppers or mushrooms** 6” \$7.50 12” \$10.50 (Buffalo it for \$1.50)
- Chicken Tenders** - (4) - \$6.00
- Steak Hoagie** -6”\$8.00 w/ peppers or mushrooms \$9.00
- 12”\$10.00 w/peppers or mushrooms \$11.00
- Hamburger**-\$7.00 **Cheese** \$7.50 **Bacon** \$8.00
- Hot Dogs** – (1) for \$2.75 or (2) for \$5.00 for chili and cheese add an additional \$1.50 **Pretzel buns available** (1) for \$3.50 (2) \$6.00
- Grilled Cheese**-\$4.50 w/bacon \$5.50
- BLT** - \$6.00
- Pizza Bread** 6” \$5.50 **topping**-.75 12” \$7.00/**toppings**-\$1.25
- Italian Hoagie** -6” \$7.50 12”\$10.00
- Breaded Cod Fish Sandwich** - \$7.75

## Specialty Sandwiches

**These sandwiches are made on fresh Cibrone Italian Bread for \$8.50 or 12" hoagie bun for \$10.50**

**\*Italian Stallion\*:** **BEST SELLER!** Spicy capicola, ham, salami, provolone cheese with lettuce, tomatoes, and roasted red peppers.

**The American:** BBQ Chicken, Bacon, American Cheese, lettuce, tomato, and BBQ sauce

**911:** Roast beef, Swiss and cheddar cheese, lettuce, tomatoes, and spicy horseradish sauce

**Manhattan:** Lean corned beef, pastrami, Swiss cheese, tomatoes and homemade creamy coleslaw

**Export's Finest:** Cracked pepper turkey, cheddar cheese, lettuce, tomatoes and ranch dressing

**Park Avenue:** Wood smoked turkey, black forest ham, provolone cheese, lettuce, tomatoes, and roasted red peppers

**Crazy Chicken:** Spicy buffalo chicken, cheddar cheese, lettuce, tomatoes and ranch dressing

**Vermont Classic:** Maple ham, maple turkey, Swiss cheese, lettuce, tomatoes, and roasted reds peppers

**Cajunator:** Cajun turkey, hot pepper cheese, mild peppers, lettuce, and tomatoes

**Twisted Reuben:** Corned Beef, Ovingold Turkey, Cheddar cheese, tomatoes, and coleslaw

**Sweet and Spicy:** Maple ham, Maple turkey, Hot Pepper Cheese, coleslaw, and Mild Pepper Rings

**\*Add on French Fries with any sandwich or hoagie for an additional \$2.25 add 1.00 for cheese sauce**

### Pizza

**Small (6) cut \$6.50 .50 per topping Med (8) \$9.00 1.25 per topping**

**Large (12) \$12.00 \$1.75 per topping**

**Add an additional \$2.00 for White Pizza w/ tomatoes**

**Pizza Toppings:** Pepperoni, Mushrooms, Sausage, Black Olives, Ham, Green Peppers, Mild Peppers, Bacon, Onions, Extra Cheese

**Deli Salads: Served by the pound in small (1/2 pound), medium (1 pound), and large (2 pound) containers. Prices are listed by the pound and everything is homemade except chicken salad**

- Macaroni \$6
- Creamy Coleslaw \$6
- Tuna \$6.50
- Antipasta \$7
- Traditional potato \$6
- Chicken Salad \$7
- Egg \$6.50
- Pasta \$6

### Salads

- **Chef Salad:** fresh iceberg lettuce, shredded carrots, Swiss, American cheese, hard-boiled egg, green pepper, tomatoes and Boar's Head black forest ham and oven gold turkey - \$8.50
- **Steak Salad:** fresh iceberg lettuce, shredded carrots, Monterey jack cheese, cheddar cheese, green pepper, tomatoes, fries, and chipped steak -\$8.50
- **Chicken Salad:** fresh iceberg lettuce, shredded carrots, Monterey jack cheese, tomatoes, fries, and choice of grilled or breaded chicken strips - \$8.50 **make it Buffalo \$9.00**
- **Garden Salads:** fresh iceberg lettuce, shredded carrots, Monterey jack cheese, green pepper and tomatoes: Small \$3 Large \$6

**Dressings :** Italian, Ranch, Blue cheese, Thousand island, Balsamic Vinaigrette, Kens Honey Mustard, Light Italian, French (additional dressings \$.75)

**Build-Your-Own Sandwich!** Choose from any of the meats and cheeses to customize your own sandwich, with your pick of fresh Italian, wheat, rye, wrap, or hoagie bun

\$6.00 – Choice of any **ONE** meat and one cheese

\$7.00 – Choice of any **TWO** meats and one cheese

\$8.00 – Choice of any **THREE** meats and one cheese

\$10.50 – 12" Hoagie with any combination of (3) meats and (2) cheeses

**\*All sandwiches served with, Lettuce, tomatoes, and onions\***

**\*Additional toppings available: \$1.00 for any 6" hoagie or bread, \$2.00 for any 12" hoagies\***

**Toppings:** Black olives, Mild peppers, jalapenos, green peppers, Red peppers, pickles

**Dressings:** Ranch, Italian, horseradish, honey mustard, yellow mustard, spicy deli mustard, buffalo

### Meat and Cheese Choices

Turkeys: *Oven gold, cracked pepper,*

*honey maple, wood smoked, Cajun*

Hams: *maple, black forest (baked),*

*Islay's*

Chicken: *buffalo*

Roast Beef

Corned Beef

Pastrami

Hard Salami

Pepperoni

Lean spicy Capicola

Bologna

Cheddar

Swiss

Hot Pepper

Provolone

American

